

CAFE/DAFE

Assignments-2025

- 1. Certificate in HIV and Family Education (CAFE)**
- 2. Diploma in HIV and Family Education (DAFE)**



**School of Social Work,
Indira Gandhi National Open University, Maidan Garhi, New Delhi – 110068**

Schedule for Assignments Submission: 2025

Dear Learner,

We hope that you have gone through the Programme Guide of CAFE and DAFE carefully. We have explained there that it is important to complete the assignments within the stipulated time to become eligible to appear for the term-end examination of IGNOU. All the assignments of CAFE and DAFE are Tutor Marked Assignments (TMAs) and are part of the continuous evaluation process. The assignments for CAFE and DAFE programmes will be the same for all courses. You will find that separate assignments have been provided to you for BFE-101, BFE-102, BFEE 101, BFEE 102, BFEE 103 and BFEE 104 (for students registered for January 2025 and July 2025).

Before you write the assignments, read the instructions provided in the Programme Guide and go through the course materials carefully. Please read the instructions pertaining to assignments before you start writing your answers. If you have any doubt or problems pertaining to the courses and assignments, contact the concerned academic counsellor at your Study Centre. You are requested to go through the course materials first and then prepare the assignment response following the instructions. Your responses should not be a verbatim reproduction of the textual materials/blocks provided for self-learning purposes. **Assignments are to be hand written and duly signed.** Please submit your assignment responses at the Study Centre allotted to you before the due date as mentioned in the IGNOU home page and obtain a receipt for the same.

You are expected to keep a copy each for any future reference/use.

Visit www.ignou.ac.in regularly for updates related to assignment submission.

Wish you all the best to complete the assignments within the above given time frame.

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COMMUNICATION AND COUNSELLING IN HIV/AIDS

Course Code: BFEE-104

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.

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|------|--|----|
| i. | Examine the challenges faced by counselors when addressing issues of stigma and discrimination with HIV-positive clients. Suggest strategies to overcome these challenges. | 20 |
| ii. | Assess the importance of integrating technology and digital platforms in HIV/AIDS counseling and communication. What are the potential benefits and drawbacks? | 20 |
| iii. | Evaluate the role of interpersonal communication skills in enhancing the effectiveness of HIV/AIDS counseling sessions. Provide examples to illustrate your points. | 20 |
| iv. | Analyze the impact of cultural beliefs and practices on HIV/AIDS communication strategies in India. How can counselors navigate these cultural nuances effectively? | 20 |
| v. | Discuss the ethical considerations in HIV/AIDS counseling, focusing on confidentiality, informed consent, and the counselor-client relationship. | 20 |

2. Answer any **three** of the following questions in about **250** words each.

| | | |
|------|---|----|
| i. | Identify common barriers to effective communication in HIV/AIDS counseling and propose methods to address them. | 10 |
| ii. | Outline the process of crisis intervention in HIV/AIDS counseling and the key skills required for effective crisis management. | 10 |
| iii. | Discuss the role of non-verbal communication in building rapport with clients during counseling sessions. | 10 |
| iv. | Explain the significance of active listening in HIV/AIDS counseling and its impact on client outcomes. | 10 |
| v. | Describe the stages of behavior change in the context of HIV prevention and how counselors can facilitate progression through these stages. | 10 |

3. Write short notes on any **five** of the following questions in about **150** words each.

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|-------|---|---|
| i. | Impact of socio-economic factors on HIV communication | 6 |
| ii. | Confidentiality laws related to HIV/AIDS in India | 6 |
| iii. | Use of storytelling as a counseling technique | 6 |
| iv. | Peer counseling in HIV/AIDS programs | 6 |
| v. | Counselor self-care and burnout prevention | 6 |
| vi. | Role of support groups in HIV care | 6 |
| vii. | Motivational interviewing | 6 |
| viii. | Empathy in counseling | 6 |